



# Kids Triathlon

## Swim - Run- Strongman Log Rolling

Date: Sunday, August 5th

Time: 11:00am 9-12 year olds. Right after 9-12 year olds complete their event the 5-7 year olds start.

Where: 9-12 year olds meet at Water Treatment Shed; 5-7 year olds meet at Beswich Road

**Registration:** Saturday 10:30am by the Jumping Bouncer. Parents need to complete consent form.

### Requirements:

- All Children must have a life jacket.
- Parent/Guardian at the start of the swimming component.
- All participants require parents/guardian to complete a registration form.

Prizes for all participants!