

Seymour Arm Release/Weaver for Adult Triathlon

This consent to allow myself to participate in the Seymour Arm Adult Triathlon.

In consideration of allowing myself to participate in this event I assure you that:

1. I am aware that Seymour Arm is a community organization of volunteers to organize and to provide the participation of myself in the triathlon.
2. I believe I am physically, emotionally and mentally able to participate in the triathlon.
3. I acknowledge that I have the skill, health, conditioning and equipment necessary to participate in this event and we accept all risks associated with the participation in this triathlon.
4. I fully and finally release Seymour Arm Community and its volunteers of any liability for any injury, harm, and loss we suffer or may suffer in any way associated with participation in this event.

Name of participant _____ Age _____

Signature of participant _____ Date _____